



CAT UNA



CAT UNA set to release
self produced single
'Temporary Blues' on
Monomyth Records

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RELEASE DATE
30.7.21

Written by
CAT UNA
MAC VOLPE

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SOCIALS

<https://www.facebook.com/catunamusic>

<https://www.instagram.com/thatcatuna/>

CAT UNA is back with her much anticipated single 'Temporary Blues'. A regular on the Leeds music scene and BBC Radio, CAT has had a COVID enforced hiatus much like most of the creative industry but has managed to emerge with all guns blazing! 'Temporary Blues' is a beautiful ode to lockdown love and it's inherent ups and downs.

'I've been focused on creating from an unfiltered place and have had an extremely fruitful year of songwriting because of it. Mine and Mac's biggest rule when collaborating is to express ourselves without worrying about anything external to our D.I.Y living room studio. Experimenting while remaining true to each song feels the most natural way to create and has brought about wonderful sonic surprises. Welcoming to the line up our cherished friend and top class drummer, Jack Clayton, has provided a strong back bone to the recordings, brought vitality to the live set up, and enhanced the transmission of the songs'.

Temporary Blues speaks to the journey of learning to navigate the sludgy states we get ourselves into by trying to control everything and the importance of being malleable and trusting the process. There's a line in it which feels like an ode to witnessing the seasons changing in slow motion for what seemed like the first time in my life. It's the first song written, recorded and mixed in our little studio-come-home office-come-living room, and taking breaks in nature played a huge part in providing some much needed respite during the process of bringing this song to fruition.

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