

MONOMYTH RECORDS



Cat
Una



Brand new &
sublime 'alt folk'
single 'Wait it Out'
to be released on
Monomyth Records

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HERE**

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RELEASE DATE
6th December 2019

Written by
Cat Una

Produced by
Liam Dickman

CONTACT

bob@monomythrecords.info

SOCIALS

<https://www.facebook.com/catunamusic/>
<https://www.instagram.com/catunamusic/>

After a period of re-calibration involving the balancing act between working on a telephone switchboard by day, and crafting as well as performing a stream of stripped back shows by night, Cat Una is fast approaching the release of her latest single 'Wait it Out'. The new single provides a glimpse into the journey Cat has made over recent years, showcasing notable growth in both her confessional style of song-writing and advancement of her vocal prowess. Cat has said of the new single, "I guess the crux of this one, for me anyway, is about when you close yourself off and don't ask for help when you probably need it the most".

CAT UNA IS A SINGER-SONGWRITER OF IRISH/ITALIAN DECENT. BEING ONE OF SIX CHILDREN, BORN AND RAISED IN THE RURAL COUNTRYSIDE OF BEDFORDSHIRE, UK, AS WELL AS SPENDING A SUBSTANTIAL PERIOD IN SARDINIA, ITALY, CAT SPENT HER CHILDHOOD DAYS IN A MELTING POT OF DIFFERENT CULTURES THAT HAVE IMPRINTED ON HER OUTLOOK AND ATTITUDE TOWARDS LIFE. A LOVE FOR MUSIC WAS BORN OUT OF OBSERVING HER FATHER AND GRANDFATHER PLAYING JAZZ PIANO AND SAXOPHONE, WHICH QUICKLY SPIRALLED INTO OBSESSION, BECOMING A PRIVATE VESSEL FOR THE EXPRESSION OF EMOTIONS.

As well as supporting artists such as Tom Williams and Jerry Williams on their UK tours with a full band set up, Cat Una was the first signed asset of pioneering not-for-profit label, 'Monomyth Records', who have endorsed several releases which continue to be praised by the BBC introducing in WY team.

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